

POWER UP

SATURDAY 17TH JANUARY 2026

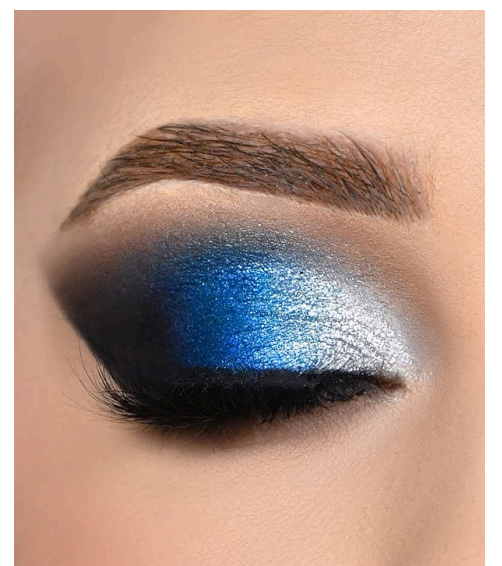
THE SPORTS CONNEXION, COVENTRY CV8 3FL

KETTERING LOCATION COMPETITION GUIDELINES

UNIFORM



HAIR & MAKE UP



HAIR: HIGH TEASED PONY TAIL WITH BOW. MAKE UP: (OPTIONAL FOR BABY BOLTS COMPULSORY FOR STORM SURGE) BLUE SMOKEY EYE, NUDE LIPSTICK.

ATHLETES MUST ARRIVE IN FULL COMPETITOR UNIFORM WITH HAIR AND MAKEUP COMPLETE. WRISTBANDS ARE TO BE WORN ON YOUR LEFT WRIST, NO WRISTBAND NO ENTRY.

DUAL LOCATIONS : BEDFORD • KETTERING
WWW.ELEMENTSELITE.CO.UK

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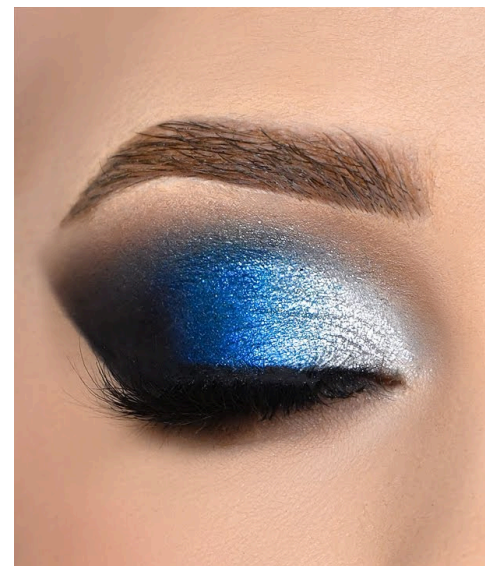
THE SPORTS CONNEXION, COVENTRY CV8 3FL

BEDFORD LOCATION COMPETITION GUIDELINES

UNIFORM



HAIR & MAKE UP



HAIR: HIGH TEASED PONY TAIL WITH BOW. MAKE UP: (OPTIONAL FOR POWER SURGE. COMPULSORY FOR HIGH VOLTAGE) BLUE SMOKEY EYE, NUDE LIPSTICK.

BLACK TRAINERS FOR HIGH VOLTAGE / WHITE TRAINERS FOR POWER SURGE

ATHLETES MUST ARRIVE IN FULL COMPETITOR UNIFORM WITH HAIR AND MAKEUP COMPLETE. WRISTBANDS ARE TO BE WORN ON YOUR LEFT WRIST, NO WRISTBAND NO ENTRY.

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THE SPORTS CONNEXION, COVENTRY CV8 3FL

SESSION A



COACHES: KIMBERLEY & CLAIRE

DOORS OPEN: 8:00AM

MEET TIME: 8:45AM

WARM UP: 9:05AM

ON DECK: 9:39AM

PERFORMANCE: 9:47AM

AWARDS: 10:11AM

IF YOU PREVIOUSLY PURCHASED TICKETS ONLINE YOU NEED TO REPLY TO YOUR ORDER CONFIRMATION REQUESTING YOUR TICKETS ARE REALLOCATED TO SESSION A U8 NOVICE

DUAL LOCATIONS : BEDFORD • KETTERING

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SESSION ONE



COACHES: KRISTEN & JADE
DOORS OPEN: 11AM
MEET TIME: 10:19AM
WARM UP: 10:49AM
ON DECK: 11:23AM
PERFORMANCE: 11:31AM
AWARDS: 1:43PM



COACHES: KIMBERLEY & CLAIRE
DOORS OPEN: 11AM
MEET TIME: 12:08PM
WARM UP: 12:28PM
ON DECK: 1:02PM
PERFORMANCE: 1:10PM
AWARDS: 1:43PM



COACHES: KIMBERLEY (KRISTEN & JADE)
DOORS OPEN: 11:00AM
MEET TIME: 12:08PM
WARM UP: 12:40PM
ON DECK: 1:14PM
PERFORMANCE: 1:22PM
AWARDS: 1:43PM

**IF YOU PREVIOUSLY PURCHASED TICKETS ONLINE YOU
NEED TO REPLY TO YOUR ORDER CONFIRMATION
REQUESTING YOUR TICKETS ARE REALLOCATED TO
SESSION 1 U10 / U14 PREP**

POWER UP

SATURDAY 17TH JANUARY 2026

THE SPORTS CONNEXION, COVENTRY CV8 3FL

SESSION THREE



COACH: KIMBERLEY
DOORS OPEN: 5:42PM
MEET TIME: 6:30PM
WARM UP: 7:37PM
ON DECK: 8:11PM
PERFORMANCE: 8:19PM
AWARDS: 8:31PM

DUAL LOCATIONS : BEDFORD • KETTERING
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THE SPORTS CONNEXION, COVENTRY CV8 3FL

SPECTATOR TICKETS
ON SALE 13TH DECEMBER

 LINK



DIVISION: KETTERING U8 NOVICE 1
SESSION A TICKET REQUIRED FOR SPECTATORS



DIVISION: KETTERING U14 PREP 1
SESSION ONE TICKET REQUIRED FOR SPECTATORS



DIVISION: BEDFORD U10 PREP 2.1
SESSION ONE TICKET REQUIRED FOR SPECTATORS



DIVISION: BEDFORD U14 PREP 2.1
SESSION ONE TICKET REQUIRED FOR SPECTATORS



DIVISION: BEDFORD STAFF STUNT SG 3
SESSION THREE TICKET REQUIRED FOR SPECTATORS

DUAL LOCATIONS : BEDFORD • KETTERING
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