

ELEMENTS NEWS

THE OFFICIAL NEWSLETTER OF ELEMENTS ELITE CDT



INTERNATIONAL TRAVEL TEAM

High Voltage have taken their performance to the next level with brand-new international choreography crafted by renowned Storm Athletics coaches Sarah and James.

The duo, known for their creative flair and technical expertise, worked closely with the athletes to bring a fresh, high-energy routine designed to impress on the global stage. Featuring intricate stunts, powerful tumbling, and synchronised dance elements, the new choreography is set to highlight High Voltage's strength, precision, and showmanship.

"This routine really showcases who High Voltage is as a team," said Kimberley. "We wanted to create something that pushes their skills while keeping the performance fun and memorable."



KETTERING CLUB OPENING

Kettering has officially opened with over 50 athletes taking part in a variety of cheerleading classes, reflecting the strong demand for the sport in the area. The program offers opportunities for athletes of all ages and abilities to develop their skills in stunting, tumbling, and performance.

The Kettering location plans to add tumble/gymnastics classes from Mid-November. The class plans to run on Monday evenings 6pm-7pm for age 5 to 9, 7pm-8pm for age 10+.

We expect the tumble classes to be £30 per month as a standalone or £22.50 per month as a bolt on class.

You can book onto the Taster Session on the 11th November via Coacha.



CHARITY STAUS

The club is currently working towards achieving official charity status, with confirmation anticipated in October. Securing this milestone will create greater opportunities to support athletes, expand community programmes, and strengthen long-term sustainability, ensuring the sport continues to grow and remain accessible to all.

COACHES CORNER

A Note from Head Coaches Kimberley & James

What an incredible start to our 2025/26 season!

Our Bedford classes are thriving, with a shake-up of coaches this year bringing fresh perspectives and new energy to every team. It's been amazing to see athletes rise to the challenge and embrace the changes with such positivity.

Over in Kettering, the season has already been a fantastic experience. We've absolutely loved welcoming so many new athletes into the Elements family, and it's been inspiring to watch them settle in so quickly and bring their passion to training.

We couldn't be prouder of how all of our athletes have started the year — your commitment, energy, and teamwork set the tone for what we know will be an outstanding season ahead.

Here's to pushing boundaries, chasing new goals, and celebrating every success together. Let's make 25/26 one to remember!



ATHLETE OF THE MONTH - BROOKLYN

Brooklyn has been recognised as our Athlete of the Month for truly demonstrating our value of Be All In.

She consistently gives 100% effort in every practice and performance, showing full commitment not only to her own progress but also to the success of her teammates.

Her dedication, positive attitude, and determination make her a fantastic role model, and she embodies exactly what it means to be "all in" on our cheerleading journey.

Please see your team coach for your prize!

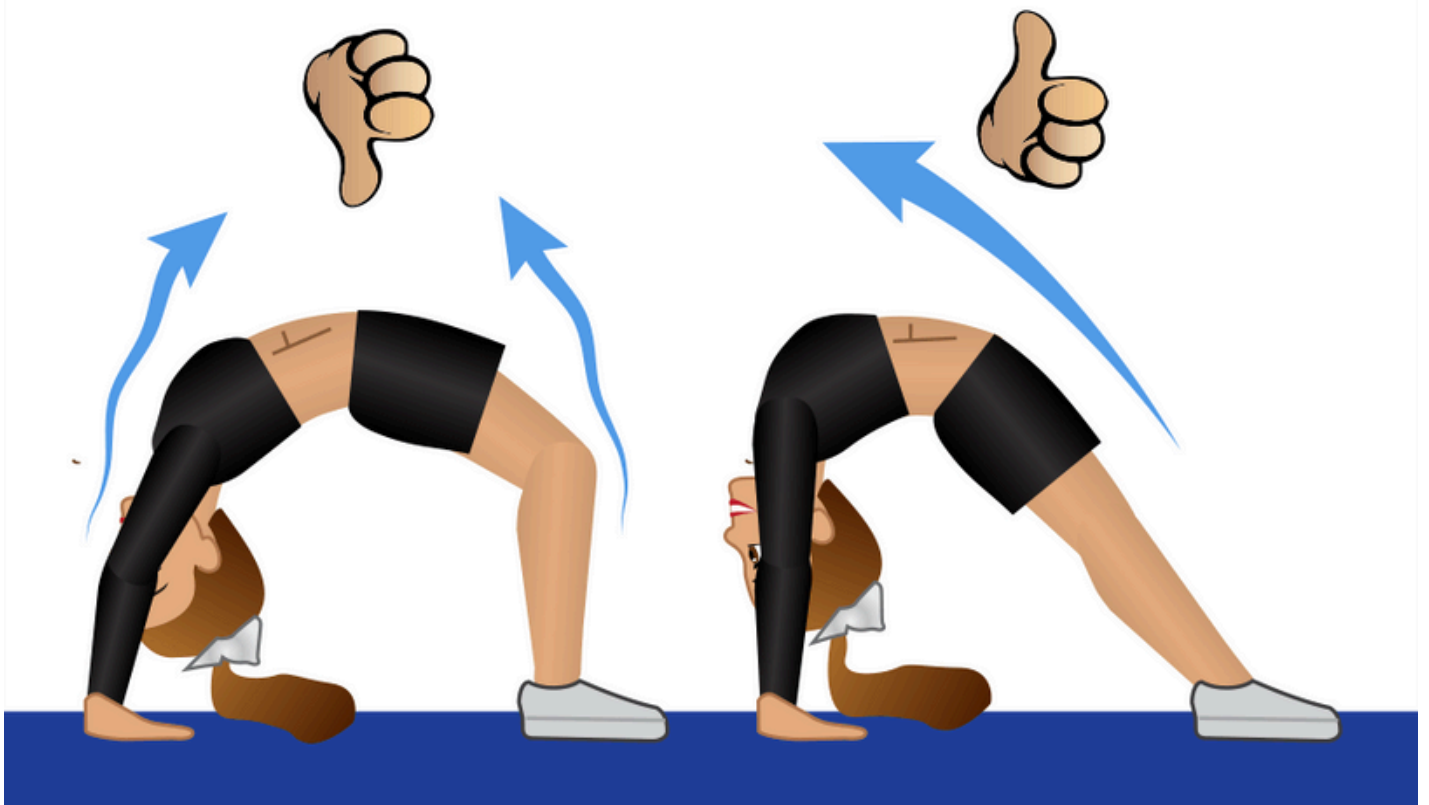
OCTOBER TUMBLE CHALLENGE

THIS MONTH'S CHALLENGE IS 31 DAYS – 31 PHOTOS!

IN OCTOBER, WE'RE FOCUSING ON THE BRIDGE—A FUNDAMENTAL SHAPE THAT IS ESSENTIAL FOR SKILLS LIKE WALKOVERS, HANDSPRINGS, AND MORE. THE CHALLENGE IS SIMPLE: SEND US A PHOTO OF YOUR BRIDGE EVERY DAY THROUGHOUT THE MONTH.

ATHLETES WHO COMPLETE ALL 31 DAYS WILL BE ENTERED INTO OUR PRIZE DRAW AT THE END OF OCTOBER!

Proper bridge: Straight legs,
and push through shoulders.



TEAM CAPTAIN ANNOUNCEMENTS

PLEASE DONT SHARE THIS WITH YOUR ATHLETES UNTIL AFTER TRAINING ON THE 1ST OCTOBER 2025.



DATES FOR THE DIARY

HALLOWEEN QUIZ NIGHT
24TH OCTOBER 2025
CON CLUB KEMPSTON
7:30AM START
£10 PER TEAM MAX 4

BEDFORD HALF TERM CLOSURE
25TH OCTOBER - 2ND NOVEMBER

KETTERING HALF TERM CLOSURE
25TH OCTOBER - 8TH NOVEMBER

BEDFORD HALLOWEEN PARTY
6:30PM - 8:00PM
TUESDAY 28TH OCTOBER 2025
VENUE TBC

KETTERING HALLOWEEN PARTY
6:30PM - 8:00PM
THURSDAY 30TH OCTOBER 2025
MELTON COMMUNITY CENTRE

TURVEY FIREWORKS
FUNDRAISER
1ST NOVEMBER 2025

HIGH VOLTAGE THANKSGIVING USA
FUNDRAISING DISCO
THURSDAY 27TH NOVEMBER 2025
VENUE TBC

BEDFORD CHRISTMAS TREE FESTIVAL
3RD - 10TH DECEMBER
12NOON - 4PM

BEDFORD CHRISTMAS CLOSURE
19TH DECEMBER - 5TH JANUARY

KETTERING CHRISTMAS CLOSURE
19TH DECEMBER - 5TH JANUARY

CRUSH SHOWCASE
10TH JANUARY 2026

POWER UP COMPETITION
17TH / 18TH JANUARY 2026

UCA INTERNATIONAL TEAM ONLY
11TH - 18TH MARCH 2026

REVOLUTION
23RD - 24TH MAY 2026

ICE CHAMPIONSHIPS
13TH - 14TH JUNE 2026

AWARDS NIGHT
DATE TBC JULY 2026

ELEMENTS ELITE PRO SHOP



LIMITED EDITION SEASON 11 PRINT

TSHIRT £25
JUMPER £35



TRAINING & COMPETITION UNIFORM

CROP TOP £40
LEOTARD TOP £45
SHORTS £40



RHINESTONE ELEMENTS DESIGN

TSHIRT £25
JUMPER £35
HOODIE £37



RHINESTONE TEAM NAME

TSHIRT £25
JUMPER £30
HOODIE £35

ITEMS CAN BE ORDERED VIA OUR WEBSITE OR ON WHATSAPP 07871716311

FUNDRAISING 2025 / 2026

GOAL: £3500



We are aiming to raise £3,500 to purchase seven brand-new roll mats for our training venues — three for Kettering and four for Bedford — to give all our athletes a safer and more professional space to train and perform.



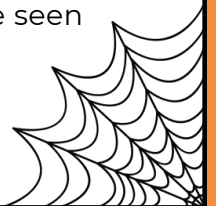
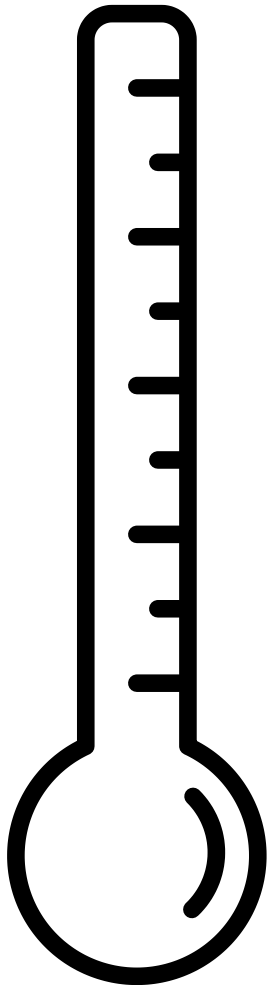
Our very first fundraiser to support this goal will be our Halloween Discos, a fun-filled evening of music, games, and light refreshments for just £6 per person.

Tickets are available now through our website and the disco is open to both athletes and non-athletes, so why not bring your friends along for a spooky night of fun while helping us reach our target?

Do you know of a local company who would like to support our club?

We are currently offering sponsorship opportunities on our outside display banners, which will be proudly displayed at the venues and schools we use throughout the year.

Each banner spot is just £80, providing fantastic local exposure while helping us continue to offer affordable and accessible cheerleading for our community. We have 6 spots available at each location, so it's a great chance for businesses to get their name seen all year round while backing a local non-profit club.



CONTACT US

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COACHING TEAM

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