



ARRIVAL & COLLECTION POLICY

Be sure your athlete arrives 5 minutes before (no earlier please) his/her class/session time. Please pick up your athlete on time.

Please inform us if you know you will be late picking up your athlete.

Please follow and respect the car park rules of the training venue and do not block the gates into the car park. Please park and come and collect your athlete from the gym exit. During peak times the parking lot is crowded. Please take into consideration that our athletes include young children. Please drive slowly and carefully. Do not take a chance on your athlete running to and from your car.